## What to do if you find a baby bird

Spring and summer are popular times of the year to spot young birds, also known as fledglings. At this time in their life, it's completely normal to see them sitting or hopping around on the ground. This is because a lot of birds leave the nest once they are fully feathered, but just before they've developed their flight feathers.

Though they might seem like they're all alone, their parents are usually close by, keeping a watchful eye until they're able to fly on their own. So, if you see a baby bird that is in a safe place and looks healthy, it's best to keep a distance. However, there are some situations in which birds may need our help. Have a look at the map below which will help you determine what to do if you find a baby bird.

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